



ANGELS

FOSTER FAMILY NETWORK OKC



Our First Training Class is complete!

The time has finally arrived, and our very first training class for foster families is completed. We have 5 wonderful families who are getting nurseries ready and will become foster parents before Christmas. We have had so much community and corporate support from the very beginning of our journey, and it is

truly a time to celebrate! The joy that we all feel here at Angels will be tripled when that first baby is welcomed into one of our loving homes. Our goal is to ensure there are no babies in the shelter for Christmas. We are so thankful for Kirkpatrick Bank allowing us to use their boardroom for our training

sessions, as well as, Full Circle Financial for our MMPI testing center. I hope you all feel the joy as well, as you have made it all possible.

Warmest regards,

Jennifer Abney
Founder/Executive Director



The Next Foster Parent Training Class

If you or anyone you know is interested in becoming a foster parent, please call or e-mail us for more information and to set up an orientation about Angels. Our next training class is scheduled for January 8, 2011. We would love the opportunity to answer questions about our agency, and to have a full class!

JUST DO IT!

The power to make a difference

As you can see by the pictures to the right, we as the founders of Angels are all just regular people, who have big hearts for the foster children in our communities. Our roads were not easy, but we are all in awe of the surprises that touch our lives each and every day in our agencies. It is people just like you who step up to make a difference that keep us on our paths. We are truly grateful for your kindness every single day!

Exciting community news!

After our Summer fundraising tea at UCO, I was approached by Delaney Nash, a senior at Memorial High School in Edmond. She was touched by our story, and our agency's plans for fostering babies in Oklahoma County, and said that she wanted to nominate Angels as the Common Thread Charity for all of the Edmond High Schools for the 2010-2011 school year. I am so thrilled to announce that we were chosen! Delaney is a prime example of how mature and caring our teens in Edmond are. This is an amazing opportunity for the up and coming generation to become aware of our mission, and know that it will make a difference in their lives down the road. Please support your high schools fundraiser this year!



JENNIFER ABNEY

FOUNDER/EXECUTIVE DIRECTOR

FOSTER ADOPTIVE PARENT, CONDUCTS FOSTER PARENT ORIENTATIONS, AS WELL AS, FOSTER PARENT TRAINING CLASSES.

GOAL: CHANGE THE FOOTPRINT OF FOSTERING IN OKLAHOMA FOREVER!



CATHY RICHMAN

THE WOMAN BEHIND IT ALL! THE ORIGINAL FOUNDER OF ANGELS IN SAN DIEGO. CATHY STARTED AS A FOSTER PARENT, A CASA VOLUNTEER, AND THEN PIONEERED THE WAY TO MAKE THE SYSTEM OF FOSTERING BETTER. TO DATE, 420 BABIES HAVE BEEN PLACED THROUGH ANGELS IN SAN DIEGO. SHE IS OUR MENTOR, AND OUR HERO!



MEICHELLE ARNTZ

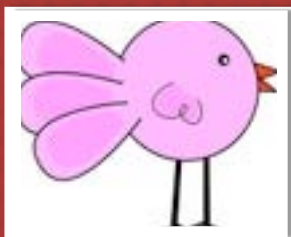
MEICHELLE LIVES IN SANTA BARBARA, CA. AND VOLUNTEERED FOR CASA (COURT APPOINTED SPECIAL ADVOCATE). THROUGH HER EXPERIENCES, SHE BEGAN TO RESEARCH A WAY TO MAKE A DIFFERENCE. SHE DISCOVERED ANGELS AND STARTED HER PROGRAM IN 2006. TO DATE, 66 CHILDREN HAVE BEEN PLACED IN LOVING ANGELS HOMES.

Sweet Heart of an Angel Tea

On June 29, 2010, Angels hosted our first annual fundraiser. The Sweet Heart of an Angel tea was held at the UCO Ballroom. Our special guest speaker was Cathy Richman, the founder of the San Diego Angels. We enjoyed amazing desserts to feed the afternoon sweet tooth, and coffee/tea service by Cafe Evoke! The entire event was fantastic! We would like to thank our very special donors:

Abbie Parker
Allison Gresham
Amy McLaughlin Gray
Barbara & Tim Whiting
Betty Ashford
Cameron Gautney
Cheyenne Gautney
Christi Woodworth
Christin Mugg Adkins
Christina Ashley
Connie Franklin
Dale Anderson
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Heather Duit
James & Stephanie Gray
Jamie Schultheis
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Nancy Hetherington
Nicole Whiting
Peggy Thompson
Regina Hedrick
Robert & Karla Launhardt
Rose Salomon
Sharon Mugg
Sharon Palmer
Staci Nash
Stacy Bozarth
Susan Shumate
Toni Jackson
Tracy Jackson
Trent Parker
Wendi Weaver



We
are honored to be
the recipients of our
first grant! Thank you
**McLaughlin Family
Foundation!**

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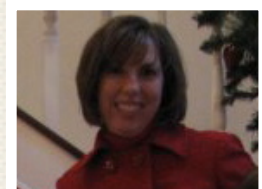
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TRACY JACKSON



DR. JULIE LEES



CHRISTIN MUGG ADKINS

Angels Spotlight: Audra Haney



Hi Everyone,

I wanted to take the opportunity to introduce myself. My name is Audra Haney, and I am the Placement Director/ Social Worker for Angels Foster Family Network OKC. I am so excited to be part of the Angels family. I have over 15 years

experience working with children and families in Oklahoma. Much of my work has been with families raising young children with disabilities. I am thrilled to have the opportunity to be part of the beginnings of Angels here in OKC. I am encouraged by the thought and care that has gone into the Angels model. Great effort has been taken to be mindful of the developmental needs of infants and toddlers who have experienced significant trauma in their young lives. I know we can make a difference by providing safe, stable, loving environments for these children to heal and learn the important task of trust. When young children develop healthy attachments, they grow into adults who are able to connect with others. Thank

Website Information

www.angelsfosterokc.org



We are so proud of our new logo and website, and would sincerely love to thank T & S Web Design for making it all become a reality!

If you haven't already done so, we invite you to visit our site, and browse around the different sections. Our site allows curious potential foster families the chance to read about Angels, and hopefully have their many questions answered. Also, there are a few great ways that supporters can donate to Angels through the site. We have a donate button that will direct donors to PayPal, and once there, they can donate in whichever form of payment they choose. We are also a member of GoodSearch.com, which is a search engine that you can download onto your toolbar in your computer's search engine. It is very easy, and works just like Google. The best part is, you can search, browse, and shop on GoodSearch and a percentage goes to Angels. Just make sure when you download GoodSearch, that you choose Angels OKC as your charity. It is just that simple!

We are also introducing our Dr. Mommy Newsletter. This is a place where foster

Dr. Mommy

Dear Dr. Mommy,

Our 2-year-old foster son arrived at our home last month with several cavities. We have already been to the dentist, and he will need sedation to repair the cavities. I try to brush his teeth at night, but he just bites the brush. What can I do to prevent more cavities?
Concerned Oklahoma Mom

Dear Concerned Mom,

This is a great question because dental decay is one of the most common childhood health problems. Cavities can cause pain, lead to infection, and may affect the permanent teeth later. Every time we eat or drink, the bacteria in our mouths feast on the sugars too. These bacteria make acids that harm the tooth's hard outer enamel – producing a cavity. The good news is that most cavities can be prevented, and you can establish tooth-healthy habits for your foster son now.

It is important to gently brush the teeth twice a day with a soft, child-size toothbrush. Use a small smear of fluoride toothpaste on the brush starting at age two. Swallowing too much toothpaste can cause white spots on the teeth; so don't allow him to eat extra toothpaste. Brush after breakfast and at bedtime every day. He won't like it at first, but be consistent and he will get used to it. You may try making it a game, or allowing him to brush on his own before you brush his teeth.

I recommend offering your toddler food or drinks only while he is seated in the high chair at meal time or snack time. Do not allow your toddler to carry around food or drink throughout the day. If he has a habit of carrying a sippy cup all day, use only water while you change this habit. To protect the teeth, limit juice to 6 ounces of 100% juice (not fruit drink) each day. Babies and toddlers should not have sports drinks, fruit drinks, lemonade or sweet tea. Offer him healthy foods, and avoid sugary sticky foods like candy, dried fruit rolls, pastries and cookies.

Don't give a baby or toddler a drink to take to bed. And don't allow him to fall asleep with a bottle or cup in his mouth. The last sip remains in the sleeping child's mouth and leads to tooth decay. (Falling asleep with a drink also increases the risk for ear infections.) Again, you can give only water if you need some time to break this habit. Brush his teeth at bedtime after the last food or drink of the night.

Adults can spread cavity-causing germs to children. Avoid sharing food, drinks or utensils with your child. Do not pre-chew a child's food or put his pacifier in your mouth.

Schedule check-ups with the dentist every 6 months. Your dentist may also recommend a fluoride treatment or fluoride varnish that can be applied in her office. Fluoride is a mineral that helps strengthen the tooth enamel.